

# Is Modern Culture Ruining Our Childhood?

Nowadays, children and teenagers grow up in a world of rapid technological development, as well as experiencing a lack of communication with real-life adults. As a result of that, the most common way of communicating with the world occurs via a computer or phone screen. Lots of teens tend to experience behavioral and psychological problems because of that (The Independent).

Another vital aspect to take into consideration is that these days, childhood is often poisoned by a culture of marketing, video games, and junk food. One of the biggest problems in regards to the subject under consideration is that children are less engaged in imaginative play. They do not need to make up their own games, as everything is already available via their phone and online. In other words, an alternative world has already been created by game developers.

In addition, a lot of children experience “helicopter parenting.” Parents often take control of every aspect of a child’s life. Thus, there is less space for freedom and self-expression. Every parent has to remember that being too controlling will not lead to anything good. What is more, it prevents children from having their own life experiences (Psychology Today). They need these experiences to learn from their mistakes, as well as to figure out what is right and what is wrong. Because of the fact that children do not have their freedom or it is limited, the majority of young adults prefer to stay at home, and the most common type of entertainment is their smartphone, tablet, or laptop. However, it is not the best solution to the existing problem.

Yet, there are tons of benefits growing up in the world we live in as well. For instance, children have access to tons of things their parents could not have even dreamed of. In addition, the number of

educational and career opportunities young people have at the moment is immense. Sometimes they do not have to leave their homes, as lots of great courses are available online.

What is vital to mention is that the way in which children play nowadays has drastically changed.

However, it does not mean that play has completely disappeared. If one takes a closer look at the way children play in the playground, one will notice that they still come up with tons of various characters using only their imagination. The only difference is that the range of experiences is wider these days.

So, is modern culture ruining childhood? Not exactly. Obviously, modern children are exposed to a wider amount of dangers. Yet, there are lots of great opportunities as well. For this reason, the key role of a modern parent is to make sure his or her child is equipped with the right tools to be able to deal with all the pitfalls he or she might experience in his or her life. In this way, it is totally possible for a modern child to have a happy childhood.

### **Works Cited**

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